

James Delaney, Legal Internship

DUBLIN, IRELAND · jamesdelaney15@me.com · 0838153668

PROFILE

Highly passionate Law and Business student dreaming of a career in Law. An organised and efficient worker able to balance unwieldy academic and athletic aspirations.

WORK EXPERIENCE

ISA Qualified Sailing Instructor, National Yacht Club

Sep 2019 — Present, Dublin

This job consists of me teaching sailors of various ages and skill levels. For the past three years I have coached adults and secondary school-aged juniors. I also have instructed total beginners aged 7 in the sailing summer courses.

Legal Experience, Maples Group

Oct 2017 — Oct 2017, Dublin

Collaborated with the legal team to review and solidify contractual terms. Conducted legal research and gathered evidence from cases ongoing in the Four Courts. Summarised the impact of the implementation of the Data Protection Act to support the legal team's presentation.

Civil Engineering Experience, Jacobs

Nov 2017 — Dec 2017, Dublin

I spent a full week in Jacobs Civil engineering and learned about all the various fields of engineering. With my work experience group, we worked on group projects and competed against each other.

Civil Engineering Experience, Hitachi Zosen Inova: Dublin waste to Energy

Jun 2016 — Jul 2016, Dublin

I had the opportunity to join the site construction team for a few days. I assisted in some of the site administration work. I was also invited to the weekly Health & Safety meeting and an internal project construction meeting regarding discussing the progress of the project. I had great support from the team where they explained to me how the plant will operate and I viewed the project in Building Information Modelling (BIM) which I found very interesting.

EDUCATION

University of Dublin, Trinity College, Law and Business (Major in Law, Minor in Business)

Sep 2020, Dublin

Currently 1:1 Student. Currently in the 3rd year out of 4 years of education.

Institute of Education, Leaving Certificate

Dublin

LINKS

[Academic Achievement in Leaving Certificate](#)

[Leinster Rás 2022](#)

[Leinster Gorey3Day 2022](#)

[Laser Connaught Champion 2018](#)

SKILLS

[Ability to Work in a Team](#)

[Ability to Work Under Pressure](#)

[Effective Time Management](#)

[Fully Licensed Driver](#)

LANGUAGES

[English](#)

[Irish](#)

[Spanish](#)

HOBBIES

Football, Golf, Ski, Reading

Graduated Secondary School with maximum points in the Leaving Certificate

Coláiste Cois Life

Dublin

All honours in Junior Certificate

Gaelscoil Naomh Pádraig, Primary Education

Dublin

ACHIEVEMENTS

Irish National Laser Sailing Ranked 4th

2018

During my Leaving Cert Cycle, I competed in Laser sailing. During 2018 I won one Connaught Championship, placed 4th in the Ulster Championship along with top results in the course of the season.

Laser Radial World Championship

2019, Kingston, Ontario

I represented Ireland in the most prominent youth Laser competition of the year and finished overall in the Silver Fleet at 107th out of 160. Merely qualifying to represent Ireland was a goal for me and although I was disappointed with the result I was content with my season. From hereon I switched sports to Elite Cycling over the duration of the pandemic.

Trinity College Entrance Exam Award

2020

I was awarded for holding the joint-highest Leaving Certificate points in my respective secondary school, the Institute of Education.

Represented Leinster in Rás Tailteann

2022

I was selected from a competitive field of cyclists to represent Leinster in the biggest domestic race of the year. The race had undergone a hiatus for the past 3 years and it was an incredible experience to compete in it. There were over 100 racers and with 5 days of racing over 900KM, it was quite a challenge. I, unfortunately, was caught in a crash with a foreign team car which hurt my overall time. Otherwise, my normal finishing time would put me around the top 5 U23 category. I was satisfied to come away unscathed and instead come back the next day with a top-20 finish on the fourth stage.