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| Manus Coughlan 128 Darglewood, Knocklyon, Dublin 16 · +353 86 0765542 [linkedin.com/in/manus-coughlan-89a8251b8](https://www.linkedin.com/in/manus-coughlan-89a8251b8)manuscoughlan@gmail.com  |
| I am a hardworking and passionate team player. I bring with me a wide range of work and volunteer experience. I am always open to exploring new avenues and acquiring new knowledge. Previously, I have been trusted with key responsibilities and delivering under pressure. I am not one to shy away from this. I would love to become a part of your team to help meet targets and gain a new and rewarding experience.Education

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| University College DublinBacholar of Business and law, 2019 – Present DayI am a stage 4 student UCD, and I am on course to obtain a 2:1. université catholique de louvainErasmus, January 2022 – June 2022I completed a semester abroad in Belgium as part of my degree. Coláiste éannaLeaving CERTIFICATE, 2013-2019I obtained 521 points in my Leaving Certificate, subjects I studied included English, French, Irish, Maths. Business, Accounting, and DCG. |
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# Experience

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| ALDI iRELAND Store assistant, April 2020 – January 2022 / July 2022 – Present DayMy role encompassed merchandising stock, operating tills, cleaning the store and warehouse, and counting stock. I gained experience serving over 100 customers daily, processing transactions. While, at the till or on the shop floor, I was responsible for dealing with customer complaints and resolving issues that arouse. On several occasions, I managed employee training for new recruits on the floor and in the warehouse. I offered continued advice and guidance in the training period on duties and best practices in a mentoring role. During my time at Aldi, I completed the Moments that Matter course to further enhance my customer service skills.ucd foundation STUDENT CALLER, January 2020 – March 2020As a UCD student caller, I reached out to alumni by phone. I was responsible for logging feedback on their experiences at UCD. Part of this role included informing them of upcoming events and encouraging them to donate to the Opening Doors Alumni Fund to raise funds for underprivileged students. Sales training was part of this role. GAP Seasonal sales role, November/December 2019This was a temporary role to assist at peak times. In this customer facing role, I was responsible for aiding people choose sizes and merchandised stock in the child and baby section.Ballyboden Summer camp Coaching, July/August 2017,2018,2019While working at Ballyboden summer camp, I undertook various roles. As a coach, responsibilities included drafting session plans for the day, ensuring that the environment was safe for the children, and developing their GAA skills. I spent a summer as organisational coach. This demanding role required strong organisational skills and the ability to solve problems under pressure. I was responsible for distribution of a limited amount of equipment, taking stock of the equipment, and organising the weekly water fight.  |
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# Skills

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| * Problem solver
* Strong interpersonal skills
* Trustworthy
 | * Detail orientated
* Helpful
* Good time management
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# Volunteer experience

* India Immersion Project – This involved fundraising for Calcutta Connect. I was a communications officer for the school trip and was responsible for communicating with the various internal and external stakeholders. Fundraising events included bag packing, church collections, bake sales, quiz nights and coffee mornings.
* Students’ council - I held the role of secretary first and then of chairperson. During my time, we had several significant achievements.
* Ember project- I was the PRO for the ember project which encouraged faith leadership from senior pupils of the school. We assisted with helping junior students transition to secondary education and volunteered to assist at various events, including tours. Part of this role involved completing leadership training.
* Knocklyon Christmas Fair –I volunteered annually to raise money for the clubs and schools in the community by selling tickets for the wheel of fortune.
* Paralympics Louvain-La-Neuve – While on Erasmus in Belgium I volunteer with Inclukap, a student organisation that helped mentally disabled people. On the day of the event, I took part in a sports event. I played on a team with two Belgian students and some locals who were mentally disabled. While doing this rewarding experience, I had to communicate in French.
* UCD ESN- This year I have taken up the rewarding role of events officer for the Erasmus Student Network. This role will include organising and planning events.

# Hobbies and interests

* Gaelic football
* Running
* Cycling
* Music

# References

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