**Tyrone O’Rourke**

**Bellevue, Boythonrath, New Inn, Co. Tipperary**

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**PROFILE**

I see myself as an outward individual who is self-motivating and result focused, capable of achieving desired outcomes either in as part of a team or independently. My core skills are in administration, IT, social media, communication and coaching and leadership.

My employment career includes; working as an administrator in a large complex work environment (University of Limerick), I also have experience as a general operative with New Inn Plumbing and employed as coach, leader and mentor as an Under 10’s Basketball Coach with Rockwell college New Inn Basketball team. My academic career currently consists of a Bachelor of Arts in Criminal Justice with the University of Limerick, graduated in 2021.

**EDUCATION & TRAINING**

Bachelor of Arts in Criminal Justice, Honours degree 2:2

University of Limerick **31/05/2021**

**CAREER HISTORY**

**Administrator, UL President Volunteer Award Office 03/06/2019**

* My main duties were administrative. This required proficiency in Microsoft Office, all social media platforms and the ability to communicate effectively with both students and staff in the University of Limerick. .
* Another duty was to maintain the Office’s social media, primary by designing content for the President Volunteer Award social platforms.
* I reported directly to the community liaison officer.
* My role also included being part of the event team for the President Volunteer Award programme.
* On completion of my role, I developed a manual for my administrative post.

**General Operative, New Inn Plumbing 09/07/2018**

* My most frequent duty was to paint Tankerstown National School that the company was renovating. This involved painting the pipe fittings as to protect them rust and the walls of the two bathrooms and three classrooms after removing the flaking paint that was already on the walls.
* After this, my duties were to help with the laying of the new concrete foundation for the storage area of the National School and helping to remove debris from the site.
* I reported to the company manager.

**Under 10’s Basketball Coach, New Inn Basketball Club 15/09/2015**

* The most important duty was to develop the skillset of under to be an effective team in a basketball setting. In addition, reporting to the basketball committee on their progress.
* My leadership and coaching focused on teamwork and sportsmanship, safety, trust, and fun.

**Achievements:**

My main achievements consist of;

My Under 10’s team achieved a place in the semi-finals of a local competition,

Receiving a Presidents Volunteering Award for volunteering as a UL society committee member,

I was elected as committee Events Officer, P.R.O and President with the UL Anime & Manga Society,

I’ve received awards during my time in secondary school for student of the year and punctuality.

**PROFESSIONAL MEMBERSHIPS**

New Inn Vintage Club

University of Limerick Anime & Manga Society

University of Limerick Game Society

**Skills**

* **IT Skills**
* Adept with Outlook, Microsoft Office and all social media. Comfortable with design software such as Canva and Gimp.
* **Languages**
* German – a competent level.

**INTERESTS**

Basketball is an interest of mine and has been for several years, typically I play as team captain in a middle position known as point guard.

I have volunteered with charities over the years, including the Irish Heart Foundation and Barretstown. I have also taken part in darkness into light runs with Pieta House.

**References (available upon request)**

Gabriella Hanrahan, Community Liaison Officer University of Limerick President Volunteer Award Office, email: [Gabriella.Hanrahan@ul.ie](mailto:Gabriella.Hanrahan@ul.ie)

Willy O`Halloran, CEO New Inn Plumbing and Heating, email: [newinnplumbing@gmail.com](mailto:newinnplumbing@gmail.com)

Andy Hennessy, New Inn Basketball Committee, email: [Andy.Hennessy@senatorwindows.ie](mailto:Andy.Hennessy@senatorwindows.ie)

**Signed:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Tyrone O’Rourke**

**Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**