**Aoife McCarthy**

M: 087 1311363 | E: aoife.maria.mccarthy@gmail.com

**Academic Qualifications**

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| **Year** | **Qualification** | **Institute** | **Award** |
| 2016 - 2017 | Postgraduate Diploma in Law | DIT | Distinction |
| 2011 - 2015 | BSc Midwifery | UCD | 1st Class Honours |
| 2005 - 2011 | Leaving Certificate | Alexandra College | 490/600 Points  |

**Relevant Professional Experience**

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| **Title** | **Company** | **Date** |
| Intern | Eversheds Sutherland | 30 May - 11 Aug 2017 |

I worked in the firm’s Litigation Department and gained an in-depth knowledge of the workings of a commercial law firm and the courts. I was entrusted to manage my own case files, carry out research on a wide range of topics and I regularly attended court hearings where I would engage with both Counsel and clients. The quality of my work was recognised when I was chosen from my team to assist with our top client’s ongoing High Court appeals.

I was delighted to be part of the winning Summer Internship Competition. I was chosen by my team to present our topic to the judging panel and I believe this is testament to both my communication and teamwork skills.

I also participated in sporting, well-being and CSR events organised during the summer.

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| **Title** | **Company** | **Date** |
| Intern | Liston & Company Solicitors | Dec 2016 |

During this internship, my tasks involved attending court sessions alongside company solicitors, being responsible for the filing of motions and affidavits in the Central Office and amending legal documents. I meticulously proofed, assembled and organised deeds of trusts and reviewed client files and cases. In addition, I got beneficial client exposure through my attendance at client consultations.

I thoroughly enjoyed this internship and I left more confident, received great feedback and acquired new skills.

**Other Professional Experience**

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| **Title** | **Company** | **Date** |
| Midwife | The National Maternity Hospital | Jan 2015 - Sept 2016 |

In 2016, I was presented with the prestigious Elizabeth O’Farrell Award by The National Maternity Hospital for my exceptional performance as an intern. I was recognised for my ability to deal with high levels of responsibility, showing initiative and for the high regard in which I was held amongst my colleagues and superiors. As Elizabeth O’Farrell had played a significant role in the 1916 Easter Rising it was particularly special to receive this award on the centenary of the Rising.

During this time, I excelled in a fast-paced environment. I also had the opportunity to develop my innovative and problem solving skills evidenced in the effective new tracking system I designed for admissions to the hospital’s antenatal ward.

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| **Title** | **Company** | **Date** |
| Sales Assistant | Rosalins | 2009 - 2014 |

My tasks involved running the school book supply service, managing stock and deliveries and designing product displays. In addition, I was involved in training new employees and dealt with customer complaints and queries.

During the five years I spent working with the company I developed a new stock storage system which greatly improved efficiency within the business, revitalised the running of the school book supply service and built up great working relationships with colleagues and customers

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| **Title** | **Company** | **Date** |
| Model | 1st Option Model Management | 2009 - 2013 |
| Sales Assistant | Hollister | 2012 - 2013 |
| Sales Assistant | Topshop, Chicago | June - Aug 2013 |

**Other Achievements**

**Academic**

Chosen to represent the UCD BSc Midwifery course at the Annual Midwifery Conference. This was in recognition of my high academic results. 2014

**Philanthropy**

Barretstown Sports Day 2017

Global Running Day in aid of Water Aid 2017

Women’s Mini Marathon for The National Maternity Hospital Foundation 2015

UCD Fashion Show: 2012, 2014

* Organised, ran and modelled in the fashion shows
* Obtained sponsorship from companies which included Spin 1038, Stellar Magazine and Nissan
* Raised €5,000 for the Marc Owens Medical Fund and €10,000 for the Jack Kavanagh Trust

Assisted with The National Maternity Hospital Foundation Fashion Show 2012, 2013

**Ann Kavanagh’s Young People’s Theatre** 1998 - 2011

* Won a number of Feis Maitiu Awards
* Developed great confidence and communication skills which have benefited me considerably in presentations and public speaking

**Hobbies and Skills**

**Sport:** Participate in UCD and Pembroke tag rugby leagues. Thoroughly enjoy running, cycling and yoga. Member of UCD Sport & Fitness and a local running club.

**Reading**: Avid reader, particular interest in history, current affairs and fiction.

**Travel:** Organised and financed travel around the United States and Europe.

**IT:** Completed ECDL. Proficient in the use of Microsoft Word, Powerpoint and Excel.

**Driving license:** Full clean driving licence.

**Society Memberships**

DIT Law Society Sept 2016 - Date

**Professional References**

Available on request