

Bryna Heffernan

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CAREER OBJECTIVE

Highly organised, responsible, hard-working and convivial second year Law student. Passionate about achieving justice and dedicated to utilising the full extent of our judicial system for success.

EDUCATION

2018 – Present BCL, Law, NUI Galway

- 2nd Year Modules: Administrative Law, Banking Law, Company Law, Criminal Law, Criminology, European Union Law, Industrial and Intellectual Property Law
- 1st Year Modules: Constitutional Law, Contract Law, Family Law, Irish Legal System, Legal Procedure, Legal Methods and Research, Sociology of Law, Tort Law.

2012 – 2018 Midleton College, Connolly Street, Midleton, Co. Cork

Leaving Certificate

Higher Level: Mathematics, English, Irish, Spanish, Geography, Biology, Home Economics.

WORK EXPERIENCE

September 2019 – November 2019 Part Time Gymnastics Coach, Cobh Gymnastics Club

- Coaching 2 groups of 10 children aged 10-12 years old.
- Planning, organising, and conducting practice sessions.
- Communicating effectively with students about what is required of them.
- Aiding and supporting physical, moral, and social development of the children.

June 2019 – August 2019 Gymnastics Instructor, Camp Lokanda, New York

- Administered to more than 400 kids, between the ages 7 - 16 years old.
- Provided supervision and direction of activities primarily to a group of 10 girls.
- Instructed 6, hour long gymnastics sessions per day with over 25 participants per session.
- Collaborated and lived life with other camp counsellors for a period of 2 months, motivating and helping one another to excel which resulted in the best camp experience for the children.
- Maintained child safety and inspired the kids to have fun.

December 2018 – January 2019 Seasonal Sales Assistant, Parfois, Mahon Point

- Assisted customers to find the products that they were looking for while promoting the latest inventory.
- Stocked shelves and processed deliveries.
- Communicated efficiently to fellow staff members to improve productivity during the busy time period.
- Kept the store clean and tidy including sweeping, mopping the floor and cleaning the mirrors.

August 2016 – September 2018 Part Time Sales Associate, Grebel Foods

- Provided excellent customer service and assisting customers in merchandise selection.
- Cleaned and organised the merchandise section.
- Assisted in the preparation and production of products by specifications and instructions in a timely manner.
- Processed all sales transactions accurately.

March 2016 Pre-school Assistant

- Tended to the children's needs.
- Nurtured the children's curiosity and enthusiasm for learning.
- Initiated a creative and fun program to improve social skills.

- Prepared and arranged class materials.

VOLUNTEER WORK

September 2019 - Present Céim Leader, NUI Galway

- Facilitating weekly sessions for a group of 1st year law students.
- Preparing material to be used in each session with my fellow Céim Leaders.
- Provided academic coaching as well as advice on class scheduling, time management, and study skills.
- Arriving to each session in a timely manner to allow sufficient time to set up the room and in order for the students to benefit fully from the session.

September 2019 - Present 1st Year Student Mentor, NUI Galway

- Providing a role-model and ethical leadership role towards a group of 18 first years, to render a simple transition into third level education.
- Conducted a campus tour on the first day of college to the group.
- Communicating weekly with the students via social media with the latest events available to them around campus to immerse them in college life.
- Answering any questions or queries the students may have.

SKILLS PROFILE

Excellent Interpersonal Communication Skills: This skill was enhanced by working with children in the pre-school, at summer camp and coaching gymnastics. This is important when working with children to ensure that each activity runs safely. When interacting with colleagues it is crucial to be clear, concise and friendly.

Teamwork: Being an active member of dance and sports teams for many years has shown me the importance of working collectively as a group. Planning weekly Céim sessions with my fellow leaders enforced the development of this skill for a session to run smoothly.

Leadership: As a Céim Leader, it is my duty to facilitate weekly sessions for first year law students. The role entails clearly and succinctly explaining activities to the first-year students to aid their academic growth.

IT Skills: Proficient in Microsoft Word, PowerPoint, Apple Programmes and Social Media.

Ability to work under Pressure: This skill was vastly improved through working as part of a team during the Christmas season in a popular accessory store. The fast-paced environment left no room for error.

ACHIEVEMENTS

- Scholarship awarded to attend a summer intensive dance course at the Institute of the Arts Barcelona (2017).
- Accepted into a prestigious dance college in London (2018).
- Bronze Gaisce Award Achieved.
- Numerous National and 2 international titles achieved in Gymnastics.
- Runners up in the BOI All Ireland Soccer Final (2018).

INTERESTS/HOBBIES

Dance: I have been dancing for 16 years and have performed in numerous professional and non-professional shows. Currently the choreographer for NUI Galway's Contemporary Dance Intervarsity Team.

Gymnastics: Previously was a competitive gymnast for 7 years. Awarded with numerous national and 2 international titles. Previously a gymnastics coach for recreational gymnasts.

Soccer: Played for 6 years with the Midleton College girls soccer team. The team was the runners up in the BOI All-Ireland Finals in 2018. Soccer greatly improved my teamwork skills.

References available upon request.