**Cormac Brennan**

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**Education**

**Cistercian College Roscrea (CCR) 2007-2013 – Leaving Certificate 465 points.**

**University College Dublin 2013-2015 – Economics ( I had commenced an Economics degree In UCD but withdrew from that course in order to take up the offer with Connacht Rugby and to commence my BCL degree in NUI Galway).**

**National University College Galway 2015-2018 – Bachelor of Civil Law - 2.1 grade achieved.**

**Work Experience**

**Professional Rugby Player with Connacht Rugby ( June 2015 – April 2018)**

* My responsibilities were to be in peak physical condition, to practise and improve my personal skills to benefit the team and to translate the training during the week into the team performance on match day.
* Team analysis and opponent analysis were an essential component of our week. Video analysis was interrogated to improve the individual and team performance as well as opponents.
* Each player had the responsibility to regularly make a presentation to the squad and coaching staff on his analysis and would be questioned on it.

**Little Kickers Ireland, Terenure, Dublin 6W ( September 2014 - May 2015)**

* I taught children between the ages of 4-8 the basic skills of rugby.
* I created drills to improve their skills of teamwork, communication and co-ordination, all the while ensuring they were safe and enjoyed themselves.
* I was also responsible for and had to account for, the money paid for the classes each day.

**Kitsilano Liquor Store, Vancouver, Canada. (May 2018 - August 2018)**

* I was responsible for handling cash from customers at the till and ensuring that they were of legal age to consume alcohol.
* At the end of each night I was tasked with counting the cash received from each day and to ensure the till tallied after each shift. I also had to accept and sign off on large deliveries.

**Ronan Daly Jermyn Legal Intern (October 2018 - December 2018)**

* I am due to commence and a two month intership with Ronan Daly Jermyn on 22 October 2018 in the firm’s litigation department.

**Interests and Achievements**

**Sport:**

* Vice Captain of the Cisterican College Roscrea Senior Cup Rugby Team 2013.
* Member of inter-provincial winning sides at U18 Schools, U19 and U20 levels for Leinster Rugby.
* Represented Ireland at U18 Schools rugby level in 2013.
* Member of the Leinster Rugby Sub Academy in 2013 and 2014.
* Offered an academy contract with Connacht Rugby in 2015.
* Pro12 winning medalist with Connacht Rugby during the 2015/2016 season.
* Awarded a professional contract with Connacht Rugby for the 2017/2018 season.

**Public Speaking:**

* Participated in debating within CCR in front of my peers and at Munster Schools competitions.
* Gold Medal runner up for public speaking in CCR in 2013.
* Elected by the entire student body as First House Captain in Cistercian College Roscrea which is a 100 year old tradition in the school, which involved advocacy on behalf of the student body with the schoola authorities.

**Voluntary Work:**

* Worked with Connacht Rugby as part of its Community Outreach Programme, which ensured that sport and especially rugby was promoted throughout the province.

**Travel:**

* I have had the opportunity to travel to cities such as Paris, New York and San Francisco, and twice to Australia. In the summer of 2018, I worked in Vancouver.
* Through travel and work, I have found these experiences to be beneficial in broadening my horizons by appreciating different cultures and ways of life.

**Skills**

**Leadership and Decision Making:**

Experience in leading teams from my role as leader of the School Council at CCR and the entire student body as First House Captain taught me valuable leadership, communication and negotiation skills, which stood to me during my professional rugby career.

I have accquired excellent and clear decision-making skills under pressure as well as relationship building skills from my rugby career.

**Analytical and Problem solving:**

Proven ability and experience in analyising my own performance at a professional level. This has assisted my ability to work through difficult scenarios as a player during my rugby career, and has taught me the benefits of self-motivation, team work, and to accept and learn from criticism.

**IT literacy:**

I obtained an ECDL Certificate demonstrating my proficiency in using Microsoft Office including Word, Excel and PowerPoint. I also have experience using LexisNexis and Westlaw.

I will also gain experience in the use of the Keyhouse Case Management System during my upcoming internship with Ronan Daly Jermyn.

**Languages:**

Intermediate ability in Irish and German, and basic level French.

**References**

**Academic Referee**

Dr Charles O’Mahony

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**Professional Referee**

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