Address: Killone Grove, Ennis, Co, Clare Phone: (086) 107 2053 Email: evanlewis1311@gmail.com

<u>Profile</u>

- Nearly 3 years of professional experience working for a large technology based engineering company in the UK. https://www.costain.com
- Excellent self-management and communication skills developed throughout my time in the UK.
- Experience of working closely with clients and contractors.
- Awaiting the results of four FE-1 examinations sat in October 2018.

<u>Education</u>

<u>Postgraduate</u> National University of Ireland Galway (NUIG)	
	Sep 2014 - Sep 2015
Masters of Science - Occupational Health and Safety	
Overall Grade: 2:2	
Undergraduate	
University College Dublin (UCD)	Sep 2010 - Jun 2013
Degree: Bachelor of Arts – Politics and Geography	
Overall Grade: 2:2	
Secondary School	
Clongowes Wood College	Sep 2004 - Jun 2010
Leaving Cert Points: 415	

Professional Experience

Costain Group Plc

Costain is a British construction and engineering company. I was working on the £2.4 billion Framework Eight2O, responsible for delivering Thames Water's Asset Management Period program from 2015 - 2020.

Safety, Health and Environmental Advisor

Key Responsibilities:

Sep 2015 - Jun 2018

- Managed the safety, health and environmental issues on 11 construction sites with individual costs ranging from £5m £100m.
- Provided legislative backed advice for all members of the sites teams.
- Attended, contributed and facilitated high level progress meetings with directors, project managers, client representatives and members of the supply chain.
- Developed relationships of trust and confidence with a wide variety of construction and engineering staff.
- Developed and delivered a number of presentations and workshops to both ground workers and project managers.
- Produced procedures and policy documentation that were certified by the group health and safety director before being distributed across the business.
- Carried out company scored inspections that required an in depth knowledge of all company working procedures and relevant legislation.
- Performed incident investigations on a wide variety of Incidents. This involved taking witness statement, producing incident reports, and organising lessons learned sessions.

<u>Skills Profile</u>

Computer: Excellent knowledge of Microsoft Office

Organisational: Skills such as self-management, time management and attention to detail acquired through:

- Working on a wide geographical spread of construction sites
- Completing projects and tasks for managers and project managers
- Producing documents, completing scored inspections and incident investigations

Presentation: Comfortable public speaker with experience in a variety of settings such as:

- Progress Meetings
- Busy Construction Sites

Communication and Interpersonal: Excellent teamwork and interpersonal skills gained through:

- Interacting with a number of site teams, some more receptive than the others
- Having a constant line of communication open with the client, Thames Water
- Extracurricular activities e.g. London Academy of Music and Dramatic Art

Leadership & Teamwork: Leadership and Teamwork skills acquired through:

- Driving a safety culture on construction sites
- Vice Chairperson of the Costain Graduate Academy
- Project managed a graduate project to bring flooding level sensors to market.

Personal Achievements

- Awarded chartered membership status from the Institute of Occupational Safety and Health (IOSH) in June 2018
- Won the Leinster Schools Senior Cup in Rugby with Clongowes in 2010
- Played in two U20 All-Ireland Finals with Lansdowne FC
- Won the Clare Junior A Football Championship 2018 with Eire Og Ennis
- Won both gold and silver Leinster league netball medals at School and University
- Achieved grade 4 in the Royal Irish Academy of Music clarinet examinations
- Qualified Mental Health First Aider from Mental Health First Aid England

Personal Interests

- Sports: Active member of Eire Og Ennis and Ennis RFC.
- Volunteering: Completed the Thames Water raft race to raise money for WaterAid
- Environmental Charity Work: Spent many weekends helping an ecological group clear waste land to make it more hospitable for badgers and reptiles.

Reference

Mr. David Thornton SHE Manager Costain Group Plc, Rose Kiln Court Reading, RG2 0BY 0044 7554 001452 david.thornton@costain.com Ms. Deirdre Callanan Law Lecturer College of Business, Public Policy & Law National University of Ireland, Galway 091 493843 <u>deirdre.callanan@nuigalway.ie</u>