

## Julia Helmore

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### EDUCATION AND QUALIFICATIONS:

**2013-2015:**                   **Law Society of Ireland**

I have successfully completed all eight FE-1 exams.

**2012-2013:**                   **National University of Ireland Galway**

**Grade: 2.1**

Bachelor of Laws (LLB)

Subjects:                   Equity, Land Law, Family Law, Evidence, Media Law

**2008-2012:**                   **National University of Ireland Galway & Université d'Avignon**                   **Grade: 2.1**

Bachelor of Arts (International) Legal Studies and French

Law Subjects:                   Contract Law, Irish Legal Systems, Tort, Constitutional Law, Entertainment Law, Health Law and Policy, EU Law, Criminal Law, Company Law

**2003-2008:**                   **Coláiste Éinde, Threadneedle Road, Galway**

Leaving Certificate           Points: 465

### WORK EXPERIENCE:

**June 2015 - Present**

**Travers Smith LLP, London**

**Paralegal**

- Directly advised a client as to the potential changes associated with their occupational pension scheme in order to mitigate risk and ensure compliance
- Form part of the pensions department pitch team, which deals with incoming tenders by formulating and delivering pitch perfect documents for high profile clients
- Interact closely with internal teams, including marketing and business development in order to facilitate and advise on various transactions
- High level review of legislative provisions pertaining to UK Pensions law
- Collaborate with team members in various departments to ensure relevant due diligence documentation is reviewed by those with the appropriate expertise
- Ensure the department are kept informed of sector developments by keeping relevant marketing and business intelligence updated
- Draft and amend a broad range of legal documentation

**October 2014 - May 2015**

**ClientEarth, London**

**Legal Intern**

- Conducted legal research focusing on EU trade issues, in particular the promotion of environmental standards in EU trade negotiations such as TTIP
- Drafted standard and more complex research reports for ClientEarth funders
- Advised a client with regards its prospects of taking a case against a developer's proposed plan to construct in an environmentally protected site in Tanzania
- Prepared a research note which focused on the organisation's potential and prospects to expand its offices to China
- Researched case law and legislation

**June 2014 – June 2014**

**Philip Lee Solicitors, Dublin**

**Legal Intern**

- Advised a client on company insolvency issues for the winding up of a company, in particular the rights of creditors
- Reviewed and edited media contracts for Irish feature films and television dramas
- Communicated directly and effectively with high levels of management
- Provided support services to fee earners on client related matters
- Aided in the organisation of the Multilaw legal conference hosted by the firm
- Prepared memos and timely reports on pending matters

**September 2011 – June 2014** **Schuh, Galway**

**Sales Adviser**

- Utilised strong interpersonal skills to promote the business to members of the public, working as part of a team of up to ten people
- Served as a cashier, involving the supervision and control of the store's monetary value as well as processing of transactions

#### **INTERESTS/SKILLS:**

- I am a volunteer paralegal with **Tower Hamlets Law Centre**. This involves providing support to solicitors and caseworkers who advise clients on varying legal issues, ranging from employment to housing law.
- I am extremely interested in the **Chinese** language and culture, having completed a 10 week beginner language course in Mandarin Chinese. My goal is to achieve a basic understanding and command of the Chinese language.
- I have an interest in **languages**, in particular French and Spanish. I am a fluent French speaker and enjoy reading French literature as well as reciting poetry.
- I thoroughly enjoy playing a number of **sports**, including badminton and skiing. I took up badminton while living in France and found this to be a great way to meet other students. I travel to the French Alps every winter season for skiing and snowboarding trips.
- I am proficient in the use of **Microsoft** Office, Workshare Compare, Excel, Westlaw and Lexis Nexis.