

Karl Stuart

Medical professional with over 9 years of experience in forensic psychiatric nursing, employing the highest level of cultural sensitivity and confidentiality at all times, delivering exceptional organisational and social skills required to deal with varied and diverse patients' complex needs under the care of the organisation.

Employment History

Psychiatric Nurse

**HSE Forensic Services
Central Mental Hospital
Dundrum, Dublin 14**

January 2016 – Current

Communication and Management:

- Acting manager of the acute forensic health service of Ireland, managing a team of up to 12 nurses.
- Assessing, planning, implementing and evaluating integrated care plans for patients and criminals with complex psychological illness in accordance with the Mental Health Act and the Criminal Law (Insanity) Act.
- Conducting comprehensive assessments of the client's biopsychosocial needs which inform the planning and delivery of nursing care in conjunction with the wider multidisciplinary team.
- Consulting and collaborating with relevant legal teams, solicitors, police force, and the Irish Prison Service.
- Consulting and collaborating with Medical Director, Director of Nursing, Consultant Forensic Psychiatrists, Registrars, Occupational Therapists, Psychologists and Social Workers.
- Effective communication with all departments within the hospital, including recreational officers, security, finance, HR, facilities, and catering.

Legal:

- Keeping required professional CPD training up to date.
- Oversee and manage patient correspondence, which can be highly sensitive.
- Monitor, appraise and document patient progress on a continual basis.
- Administer medication while complying to legal guidelines.
- Accompany and oversee patients Court appearances and liaise with patients legal team as required.
- Create Case Conference reports.
- Attend and participate in Mental Health Tribunals.

Administration:

- Provide complex secretarial and administrative support ensuring alignment with legal policies and procedures.
- Complete comprehensive legal medical records on a daily basis.
- Attend and participate in Multi-disciplinary team meetings.
- Create weekly meeting reports.
- Undertake administrative functions to ensure that the daily office management tasks are carried out effectively.
- Consulting professional resources to promote continuous learning and keep abreast of advancing scientific research.

Psychiatric Nursing Training Placements

HSE

January 2011 – 2015

Delivering professional nursing to the highest of standards, whilst training on a rotation basis within the following organisations:

The Mater Hospital, Eccles Street, Dublin 7
St Vincent's Hospital, Fairview, Dublin 3
St Clare's Nursing Home, Griffith Avenue, Dublin 9

Academia

FE-1 Law Society Exams 2019

Exam	Date	Status
Equity	March 2019	Pass
Contract	March 2019	Pass
Criminal	March 2019	Pass
Company	October 2019	Pass
Tort	October 2019	Pass
Property	October 2019	Pass
Constitutional	October 2019	Pass
EU	March 2020	Pass

Hons BSc, Psychiatric Nursing

DCU, Dublin 9

Leaving Certificate

Belvedere College, Dublin 1

Primary Education

Sutton Park School, Dublin 13

Charitable Activities

Volunteer with Belvedere College accompanying the Archdiocese of Dublin to work with sick people on their annual pilgrimage to Lourdes. Awarded Silver medal for five years service.

6 consecutive years
2008 to 2014

Interests, Skills, Memberships

Clubs and Societies

Belvedere College Past Pupil Union
Belvedere College Society of Our Lady of Lourdes
DCU Alumni
Hospital football team
Saint Anne's Golf Club, Bull Island

Martial Arts

Member of Jiu Jitsu Society, Central Mental Hospital Dundrum
Holder of Tang Soo Do (Karate) Black Belt
Holder of Jiu Jitsu Blue Belt

Professional

Qualified First Aid Medical Certificate
Qualified First Responder and CPR
Qualified Therapeutic Management of Violence and Aggression (TMVA)
Fire safety trained

References

References are available upon request.

