Lauren Kavanagh

28 Russell Downs, Russell Square, Tallaght, Dublin 24

[Kavanal3@tcd.ie](mailto:Kavanal3@tcd.ie)

Irish Citizen

**Career Objective**

I am a hardworking, highly motivated law student seeking to obtain a Training Contract with a top tier law firm, where I can reach my full potential and build my career.

**Personal Profile**

* I am in my final year in Trinity College, Dublin studying Law and Political Science.
* Strong communication and interpersonal skills developed through working in a busy, fast paced restaurant.
* I have strong leadership skills, shown through my promotion in my current job and from being elected as one of the Students Unions Class Representative.
* I am excellent in working with others as part of a large dynamic team to achieve a certain objective, illustrated by The Station winning the Best Gastro pub at the Lovin Dublin Restaurant Awards in 2016.
* I am ambitious and dedicated student who successfully balances studying full-time and working part-time.

**Education**

2013-2017 **Law and Political Science LL.B. (Pol. Sc.)**

Trinity College, Dublin 2

* Expected Degree Result- Upper Second Class honours
* Results Achieved:
  + 1st Year- II.I
  + 2nd Year- II.I
  + 3rd Year- II.I
* Some relevant modules I have studied are:
  + Contract Law (1st)
  + European Union Law (1st)
* Land Law (II.I)
* Administrative Law (II.I)
* I was awarded the Rodney Overend Educational Trust by A&L Goodbody.

2007-2013 **Leaving Certificate**

Loreto College, Crumlin Road, Dublin 12

* I achieved 505 points, including an A1 in History
* I was awarded a Third Level Bursary by the Department of Education. This was awarded to me because I received the best Leaving Certificate results out of all the students from my area.

**Professional Experience**

April 2015- Present **Waitress**

The Station Restaurant in Molloys Pub

* My attention to detail has greatly improved as the hospitality sector is a fast paced environment with no room for mistakes.
* I have the ability to build relationships with customers, my friendly nature and customer service skills ensures that the customer leaves happy and guarantees that they will return.
* I was recently promoted to the position of supervisor on the weekends. I have shown leadership and excellent management skills in this role.

July 2016 **Summer Intern in the Litigation Department**

A&L Goodbody

* In this role, I was given many of the same responsibilities as a trainee from recording meetings with clients, organising court documents, creating a risk assessment matrix and helping to preparing advice letters for clients.
* In this role I developed my ability to use my intellect and research skills to effectively analyse and offer logical solutions to clients.
* I learned the importance of building relationships of confidence with clients, in particular where contentious issues were involved.
* Both my team work and leadership skills improved as we were required to work with the other interns on various projects; including a marketing presentation. I was the project manager for this presentation.
* A&L Goodbody ran a competition between the Interns to see who could come up with the best innovative idea as to how to improve the firm. I was awarded second place.

November 2014- January 2015 **Sales Assistant**

Dunnes Stores

* I was able to gel seamlessly into a large team in Dunnes Stores and aid them in their busiest season.
* I had to manage my time effectively to ensure that all necessary tasks were completed on time.
* My ability to work under pressure developed and I have carried this skill into my subsequent jobs and college life.

December 2013- November 2014 **Sales Assistant**

Pulse Accessories

* Working in a busy retail environment my responsibilities including ensuring that customers received professions and efficient service.
* I was promoted to manager whilst my manager was on holidays. I ensured the smooth running and upkeep of the store. I was also responsible for opening and closing the store as well as cashing up at the end of the day. This illustrates that I am a reliable, honest and trustworthy person.

**Interests and Achievements**

* Maintaining an average of a II.I in my college studies thus far in Trinity College while also working a part-time job.
* I was chosen to be an Ambassador for the Trinity Access Programme. This involves going to various schools in disadvantaged areas in my spare time and talking to the students about my experience of going on to third level education.
* I mentor a group of fourth year students in my secondary school. My goal is to encourage them to pursue a third-level education.
* I am a member of TCD Law Society and I enjoy listening to the inspirational talks given by many of their invited guests.
* I am an active gym goer and religiously attend Bodypump classes in my gym.

**References**

Ms Ivana Bacik Mrs Laura Walsh

Law and Political Science Co-ordinator Current Manager

Room 1.8 Molloys Pub and Restaurant

House 39 Main Street

Trinity College Tallaght Village

Dublin 2 Dublin 24

(01) 896 2299 (01) 452 7965