**Mary McGovern**

Swanlinbar, Co. Cavan

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**Personal Profile:**

A polite, well-spoken and hardworking person with experience of working in a busy nursing home environment looking after the needs of patrons. Attentive at all times, with a willing and helpful manner in looking after residents and making sure all their needs are met. Always approachable, cheerful and possessing good observation skills as well as the ability to work alone or as part of a team.  Keen to find a challenging position with an exciting employer where I will be able to continue to increase my work experience and develop my abilities.

**Education:**

September 2012 – June 2015 **Dublin City University**

Graduated in Economics, Politics and Law

Honours Degree 2:2

September 2007 – June 2012 **Ballinamore Community School**, Ballinamre, Co. Leitrim

Leaving and Junior Certificate

**Employment History:**

June 2013-present **Graan Abbey Nursing Home**, Enniskillen, Co.

Fermanagh

I started my employment here in June 2012 and have been working as a domestic assistant ever since. My responsibilities include but are not limited to:

* Making sure all rooms are tidy and clean
* Making sure all residents areas are clean and tidy
* Being attentive and caring towards residents

June 2013-Present **Graan Abbey Nursing Home,** Enniskillen, Co

Fermanagh

In the summer of 2013 I was asked to help out as a kitchen assistant in the nursing home. My responsibilities include:

* Preparing breakfast for the residents
* Washing up and setting the tables for dinner
* Keeping the kitchen clean and tidy
* Delivering the dinners to the patients in a caring and friendly manner

February 2012 **Orla Ellis Solictors,** Ballinamore, Co Leitrim

As part of my LCVP module for leaving certificate I had to undertake work experience. My responsibilities during this time included:

* Answering the phone and talking to clients
* Typing up letters/settlements for clients
* Keeping the office tidy and clean
* Organising files

**Hobbies and Interests:**

One of my interests is volunteering, in 2014 I travelled to Ghana and Honduras to provide water and toilets to communities less fortunate than ourselves. I also joined the committee Global Brigades in college the charity which I travelled to Ghana and Honduras with. I then had the honour of being personally asked to lead the brigade to Honduras. Which involved organising the brigade, recruiting members, training and dealing with fundraising. I also had to co-ordinate with the staff in Honduras on a regular basis. My job did not end when we landed in Honduras I had to make sure all the brigaders were happy and comfortable in their new surroundings. As leader I had to co-ordinate with the leaders in Honduras about the various activity’s we would participate in everyday.

I enjoy reading, and enjoy books as a form of relaxation.

I am very interested in GAA, and love supporting my local team, which I am very involved in. Although I do not play anymore, I help out at local fundraisers etc

I also volunteer in our local day care centre for the elderly when I can. I help to serve the dinners, wash up afterwards and play games with the elderly. I love to give back to the community when I can.

**References:**

Available on request.