# **Rachel Coffey**

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Ambitious and motivated individual with a capacity to meet deadlines as required. Proven ability to effectively manage time to complete a variety of tasks in an efficient manner. Experienced in working as a member of a team whilst also being a confident and capable individual worker. Will have completed six of eight FE-1 examinations in October 2021.

# **Educational History**

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2016 - 2020

#### Bachelor of Commerce International with Irish

**University College Cork** 

- First Class Honours (1.1) achieved.
- Awarded Title of College Scholar on basis of Year 1 results.
- Specialised in legal modules.
- Modules included throughout studies:

Introduction to the Legal System - 1.1 (Year 1)

Introduction to Business Law – 2.1 (Year 1)

Employment Law II – 2.1 (Year 4)

Oral Placement Presentation – 1.1 – (Year 3)

Work Placement Project – 1.1 (Year 3)

- 1.1 (Year 4)

International Business Strategy Capstone

Company Law - 2.1 (Year 4)

Úsáid agus Cruinneas na Gaeilge -1.1(Year 4) Principles of Revenue Law - 2.1 (Year 4)

Placement – Full credits – Pass (Year 3)

#### 2016

#### Leaving Certificate

Mount Mercy College, Cork.

- Achieved 580 points
- Awarded in-school award for academic achievements.

# Work History to Date

May 2021 – Present	Legal Intern	Shields Sadleir Law & Tax
<ul> <li>Assisting solicitors w</li> </ul>	vith day-to-day duties inclu	uding drafting correspondence
and other docume	ents, scheduling documen	ts, revieing title documentation,
file management,	drafting of invoices.	
<ul> <li>Scanning and effic</li> </ul>	cient file allocation to of po	ost and dx received.
<ul> <li>General reception</li> </ul>	duties including answerin	g phone in a friendly and

- courteous manner and taking messages when necessary.
- Proficient use of MS applications, PdfDocs, as well as document management system (NetDocuments).

# June 2015 – May 2021

#### Personal Trainer / Administration F1T Gym, Grange & Ballincollig

- Responsibility for assessing clients' needs and creating and implementing effective training plans.
- Maintaining a relationship of trust and confidence with clients.

- Demonstrating safe and effective exercise to clients.
- Ensuring client health and safety is paramount at all stages of training.
- General upkeep and maintenance of tidy, clean and safe gym floor.
- Instructing high-intensity circuit classes to larger groups.
- Effective check-in and progress tracking for clients to ensure clients are motivated and progressing towards goals.
- Booking and scheduling client sessions on a weekly basis.
- Manning busy reception in a high-speed environment
- Interacting with customers and providing high standard of service.
- Handling and recording payments for various services
- Using computer systems efficiently (EZ Facility, MS Office, Glofox)
- Supply checking
- Opening and locking up the premises

# September 2018 – March 2019InternRonan Daly Jermyn

- Worked as an Intern in the firm's Finance department as part of UCC placement program.
- Worked as part of Credit Control Team responsibility for follow up of aged debt up to value of €15K.
- Assisted with a variety of finance tasks, including issue of credit notes and processing of suppliers' bills.
- Tasked with role of WIP reduction project across all offices.
- Efficient use of Keyhouse Case Management System.
- Worked on an ad-hoc basis with Marketing and IT departments on a number of tasks.
- Tasked with various projects by banking, employment and litigation departments.

July – September 2017	Budget Support Role	Swissport IRL Ltd, Cork Airport
July – September 2018		

- Data entry role across Irish airports in preparation for annual budget.
  - Position responsibilities included:
    - Interpretation of raw data from all Irish based airports (Dublin, Shannon, Belfast City, Belfast International, Cork).
    - Input of data into online system (HOST Analytics).
    - Cross referencing numerical data in budget presentation
    - Supporting Finance Manager in preparation of budget slide decks

### **Interests and Achievements**

- ECDL European Computer Driving Licence 5 certificates achieved 2015
- Full clean driving licence
- Level 3 Certificate in Personal Training and Group Instruction Focus Awards.
- Keen interest in fitness, health and wellbeing, as well as a variety of different training methods.

#### References available on request.